

Little Hummingbird Society



Fall 2019



THIS BOOKLET BELONGS TO



WELCOME!



Your membership helps
Austin Parks Foundation build community and
improve Austin's parks, trails and green spaces! This
packet is Back-to-School themed and focuses on
Austin's Recreation Centers.

$$A+B=C$$



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ABOUT APF

Austin Parks Foundation supports parks of all sizes and in every area of Austin. We help neighborhoods improve and fund their parks, and host volunteer days + free Movies in the Park.

**As a member of Little Hummingbird Society (LHS)
you'll get the following perks:**

- New activity packets, like this one, every season
- Fun freebies like stickers, pencils and more
- Special volunteer and educational events just for LHS members



BACK TO SCHOOL

We hope your school year is filled with learning, playing, and visits to parks! Draw a picture of your favorite back to school activity below - do you like new school supplies? Having lunch with new friends? Meeting your teachers?

VOLUNTEER

LHS members get to join us at volunteer projects made just for families! These projects are a great way for parents and kids to make an impact together in Austin's parks.

UPCOMING PROJECT DETAILS

Shoal Creek History Hike | Saturday, September 21st

Join us to learn a little about the importance of Seiders Springs and Shoal Creek as we explore on a fun nature hike! Details and registration at the link below.

Kiddie Crew at It's My Park Day | Saturday, November 2nd

The Kiddie Crew returns to our city-wide volunteer day: It's My Park Day. Registration opens October 3rd, so mark your calendar!



Details at austinparks.org/volunteer

EVENTS



BILINGUAL STORY TIME

Join APF and Texas Book Festival for story time in Spanish and English. The members-only breakfast begins at 8:30am, and story time begins at 9:30am

Saturday, October 19th at Parque Zaragoza



ROOTS & WINGS FESTIVAL

Celebrate the beauty and importance of monarchs and our urban forest at Roots & Wings! Visit the Zilker Botanical Garden or take part in activities at several satellite locations.

Saturday, October 26th, 10am at Zilker Botanical Garden



TEXAS BOOK FESTIVAL

Meet your favorite authors or discover new ones. Vist APF at the Texas Book Festival for a fun activity and Little Hummingbird gear!

Saturday, October 26th, 9:30am at the Texas Capital



Details at austinparks.org/calendar

ADVOCACY

ad·vo·ca·cy | *noun* | public support for a cause

At APF, we want all of our friends to become advocates and speak up for our parks. Here is JR's advice for how YOU can advocate for parks and the environment at your school!



- 1) Advocate for more recycling at your school - especially if your playground is a school park - to your teachers and principal.
- 2) Use paper on both sides, whether it is in your notebook or paper you use for crafts. Encourage friends and teachers to do the same.
- 3) Invite your friends to It's My Park Day on November 2nd to learn more about how we can take care of our parks.
- 4) Most importantly, ask your parents and teachers to register and vote this November. Our parks need their voices!

GREEN SCHOOLS

The Becker Green Classroom is a 10,000 square foot organic garden at Becker Elementary in South Austin. Each class has their own gardening space where students plant, grow and harvest vegetables, herbs and other plants. In addition, the garden uses rainwater, compost and water runoff to reduce waste.

Becker students share the garden with other Austin ISD students who attend the city's Earth Camp program. This hands-on experience in the garden gives kids a deeper understanding of science, ecology and healthy food, and promotes well-being through outdoor learning.

Want to attend Earth Camp? Have your parents check in with the Watershed Protection Department, or find out if your teacher is trained for Earth Camp field trips (austintexas.gov/EarthCamp).

Your class can grow a garden too! Plants need sunlight, water, nutrient rich soil and a little space to grow. Ask your teacher about building a small bed or using large containers in a sunny spot at your school. Herbs and leafy vegetables are great beginner crops.

Content thanks to Becker Green School, Photos by Jennifer Ross, Austin ISD pre-K teacher.



COLORING





POP QUIZ!



See if you can answer these hummingbird questions and become an expert on APF's mascot!

1) What is a group of hummingbirds called?

- A) a charm
- B) a flock
- C) a party
- D) a group of birds

2) Hummingbirds drink about half their weight per day in nectar because...

- A) they are competitive and try to eat more than other hummingbirds
- B) there are many flowers that need to be pollinated
- C) they are storing fat up for the winter
- D) they burn through calories quickly while flying

3) Hummingbirds are the ____ birds in the world.

- A) smallest
- B) fastest
- C) slowest
- D) largest

4) How many times per second can a hummingbird beat its wings?

- A) 100
- B) 200
- C) 300
- D) 400

5) Hummingbirds help flowers by...

- A) keeping them clean
- B) snipping off dead buds
- C) carrying pollen from one flower to the next
- D) listening to their jokes

6) Other than nectar, what do hummingbirds eat?

- A) Bugs
- B) Seeds
- C) Grains
- D) Large Snails

TREE-MENDOUS

GET A LAUGH WITH THESE TREE JOKES AND PUNS!

Q: What is a tree's least favorite month?

A: Sep-timber!

Q: How do trees get on the internet?

A: They log in.

Q: Why are dogwood trees such wonderful pets?

A: They have a great bark, but wooden bite.

Q: What did the tree say after he made an offer?

A: Take it or leaf it.

Q: What did the little tree say to the bully tree?

A: Leaf me alone.

Q: What was the tree's favorite school subject?

A: Tree-go-nom-e-tree.



TREE-MENDOUS

Q: How did the apple tree get the job?

A: It had the right qua-leaf-ications.

Q: What does Obi-Wan Kenobi say after he plants a tree?

A: May the forest be with you.

Q: Where do saplings get an education?

A: In elemen-tree school.

Q: Why did the leaf go to the school nurse?

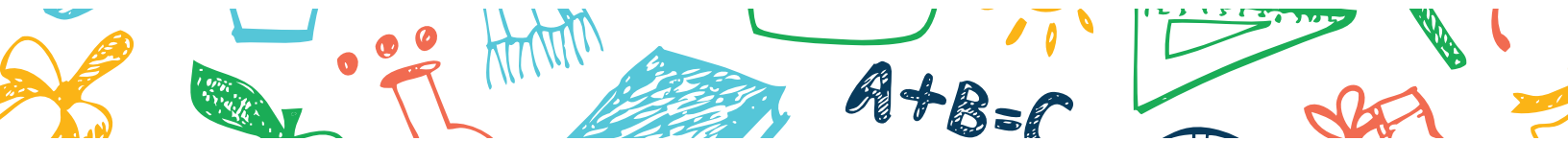
A: It was feeling green.

Q: Why do trees do poorly on math tests?

A: They get stumped by the problems.

Q: Why did the Sugar Maple go to the dentist?

A: He needed a root canal.



CHATTERBOX

A chatterbox, also known as a fortune teller, cootie catcher or whirlybird, is a fun origami game. Ours is filled with Recreation Center activities to keep you busy this Fall!

DIRECTIONS

1. Carefully tear or cut out the next page.
2. Fold the square sheet from the bottom left corner to the top right corner with the back-to-school pattern facing up.
3. Unfold the sheet, and fold it from the bottom right corner to the top left corner. Unfold the sheet again so it is a perfect square.
4. Now, fold each corner in so they touch the center fold making a diamond/square.
5. Flip the chatterbox over and fold each corner again so they touch the center fold making a smaller diamond/square.
6. Fold the diamond/square in half so that the yellow titles are facing out, making a rectangle, and tuck your fingers underneath the four flaps on the bottom side of the chatterbox.
7. Pinch to create the top-like shape.
8. Choose your favorite part of the school day and open/close the chatterbox for each letter.
9. Choose your favorite playground item and open/close the chatterbox for each letter.
10. Choose another playground item and open the flap to see what activity we suggest!

If you need more help, check out this video on how to fold a chatterbox: <http://bit.ly/parkchatterbox>



LUNCH (5)

Seesaw (6)

Shoot some hoops at the Givens Rec Center this weekend.

Sand box (7)

Show off your moves at the Austin Rec Center in their 700 square foot dance studio!



AFTER SCHOOL (11)

Spinner (7)

Time to test your green thumb! Help out at the community garden at the Dottie Jordan Rec Center.

Slide (5)

Want some cool things to do with your friends after school? Check out the kids' programs at Hancock Rec Center.

Swings (6)

Love some friendly competition? Check out Northwest Rec Center for some flag football or basketball!

Chin-up bars (10)

Missing the summer sun? Play some sand volleyball at the Northwest Rec Center.

Grab a snack in the outdoor picnic area at McBeth Rec Center!

Jungle gym (9)

Test your reflexes with a ping pong tournament at the South Austin Rec Center.



CLASS (5)



RECESS (6)

Trapeze rings (12)



BE WASTE FREE

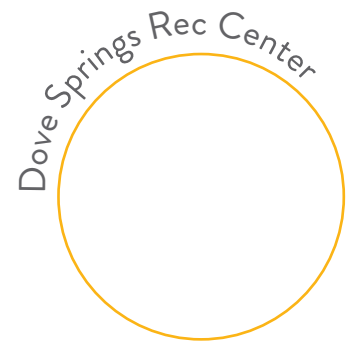
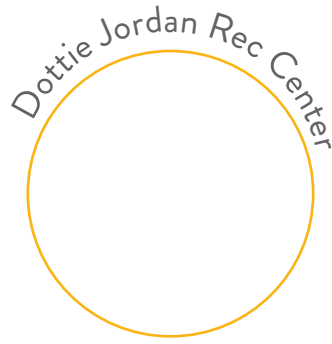
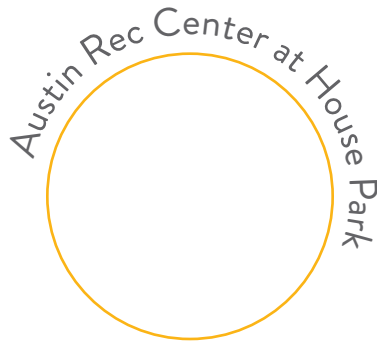
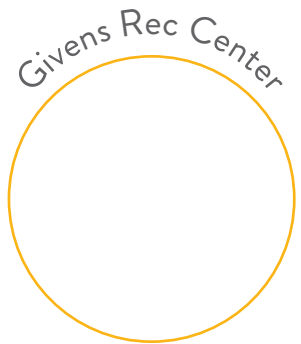
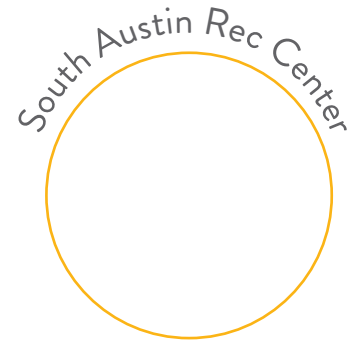
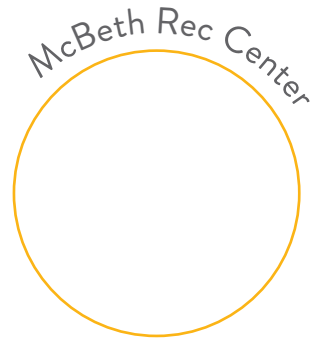
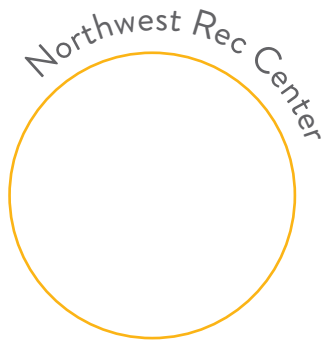
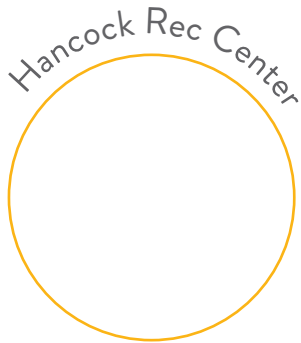
CAN YOU PACK A WASTE FREE PICNIC FOR THE PARK?

Did you know: APF presents the Rock & Recycle and Divert It! composting programs at ACL Music Festival? You can help reduce waste when you pack picnic items that can be eaten, reused, recycled or composted! Track your items in the worksheet below and see how few items you can have in the waste column.

REUSE	RECYCLE	COMPOST	WASTE
ex: 2 plastic baggies	ex: 1 soda can	ex: 1 banana peel	ex: 1 candy wrapper
Total:	Total:	Total:	Total:

PASSPORT

Try to visit all of the fantastic recreation centers below, and place a sticker when you go! Learn about how your membership is helping us make them better when you use our park search function at austinparks.org.



THANK YOU!

We want to say a special thanks to these Little Hummingbird Society sponsors for their support, and to YOU for joining us!



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